

Emotional Power

The Right Emotion at the Right Moment™

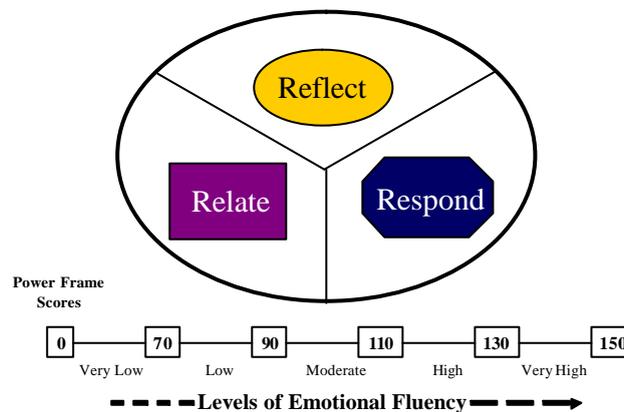
In most organizations today, people need to harness and maximize their emotional energy to better cope with continuous change and increasing levels of complexity in their world.

The practical goal or business-based orientation to the exploration of what has been popularized as "emotional intelligence" is to become more aware and skilful at utilizing our emotional abilities. At Connective Intelligence (CI), they've classified this process as harnessing **Emotional Power™**.

Horizon Performance Insight is a licensed EI Trainer and EQ-i/Emotional Power™ Coach.

CI has developed a practical, business-based system, which simplifies and de-mystifies the complex world of emotions. Our 3-D Emotional Power Model helps people identify and access **The Right Emotion at the Right Moment™**, to improve personal and team performance.

3-D Emotional Power Frame™



Respond: How you respond to life's pressures. For example how you solve problems, collaborate, and cope with pressure.

Relate: How you relate to others. For example how you communicate, influence and coach.

Reflect: How you deal with yourself. For example how you learn, how you adapt to change and realize you potential.

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'Power up your leadership potential'

To be a powerful leader whether in a corporations, as an entrepreneur or in the community, one needs to develop and understand not only your intellectual skills but also your emotional skills. Research shows that emotions strongly influence behavior and leadership success. What has been termed, 'emotional intelligence' - how we use our emotional and social skills - affects our actions, our decisions and consequently the results we get. The ability to successfully harness emotional capabilities in an adaptive way is what we've coined as ***Emotional Power™***.

Emotional Power™ enhances the emotional power of leaders. It assists leaders at becoming more aware of their emotional capabilities and more skilful at applying "***The Right Emotion at the Right Moment™***" when leading, directing their businesses and motivating others.



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